



May is National Mental Health Awareness Month

Join No Stigma Network, Inc. for our

Third Annual Walk To End Mental Health Stigma

- When:** Sunday, May 7, 2023 (rain or shine)
Time: 8:00 am-1:00 pm
Location: Manalapan Township Recreation Center
120 Rt. 522 & Taylors Mills Road, Manalapan 07726
Walking Trail: 5K (3.1 miles)
Registration: \$25 per person includes a T-Shirt
Fee: Children 10 years and under free (no t-shirt)
Register: NSN website at www.nostigmanetwork.org via PayPal
Walk-in registration 8-9 am day of the event via cash/check

**Our guest speaker will be Manalapan Township Mayor Susan Cohen
Representative from the office of Congressman Andy Kim
and Senator Vin Gopal will be present**

The Information Tables will be filled with resources from various organizations

**Walk individually or create a team
Reach out for sponsors**

Community Service hours are available for students

NSN is a 501(c)(3) NJ nonprofit organization

All our social, cultural, and educational programs are *free* to our survivors
Our programs are operated completely by volunteers.

To learn more about No Stigma Network and for further information
Contact 732-533-7632

Visit our website at www.nostigmanetwork.org
Send us an email at nostigmanetwork@gmail.com
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